

# Ontario



- Canadian Red Cross - Violence Bullying Abuse

Prevention - Etobicoke 416.236.3180

- Good2Talk post secondary student support:

1.866.925.5454 / Text GOOD2TALKON to 686868

- Distress Centre Durham 24/7 Crisis Line 905.430.2522 /

1.800.452.0688

- Distress Centre Niagara 24/7 Crisis Line

St. Catharines, Niagara Falls & Area 905.688.3711

Port Colborne, Welland, Wainfleet & Area 905.734.1212

Fort Erie & Area 905.382.0689

Grimsby, West Lincoln & Area 905.563.6674