

# British Columbia



- Considering suicide crisis line 24/7 1.800.SUICIDE /  
1.800.784.2433
  - CMHA 24/7 Crisis Line 1.888.353.2273
  - Mental Health support line 310.6789
- Fraser Health Crisis Line 604.951.8855 / 1.877.820.7444
  - Vancouver Island Crisis Line 1.888.494.3888 / Text  
250.800.3806
    - VictimLinkBC 1.800.563.0808
  - 24 hour Vancouver Rape Crisis Line 604.872.8212 TTY:  
9am-9pm: 604.877.9058
  - Women Against Violence Against Women Rape Crisis  
Centre 24/7 604.255.6344 / 1.877.392.7583
    - Senior Abuse 1.866.437.1940 / 604.437.1940
    - Alcohol and Drug abuse info 604.660.9382 /  
1.800.663.1441