

SPECIAL THANKS

Elise Guest, for all your support during the conference planning

Gina Bethell and Sonia Branter of VICC

SW Event Technology

Sabrina Millis, Informatics Chair

Ravina Sidhu, for putting together the conference manual

Jeanette Ristine, Master of Ceremonies

Natasha Beaulac, Master of Ceremonies

We would like to acknowledge that this conference takes place on the traditional
and unceded territory of the Snuneymuxw People

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DIRECTORS' WELCOME

Dear CNSA Delegates and Guests,

On behalf of the Canadian Nursing Students' Association, we would like to offer you a warm welcome to the 2018 CNSA National Conference. We hope you enjoy your stay on beautiful Vancouver Island and have a chance to enjoy all the splendors the West Coast has to offer!

We want to thank everyone in the CNSA family for all the support during the process of planning this conference, it truly has been planned with every one of you in mind. We hope that you come to the conference ready to learn, open to new ideas, and walk away with a passion for nursing that you never knew you had! We are excited to share with you our vision for this conference and bring forward different perspectives within health-care to support nurses become strong members of their health care teams through our theme of *Collaborative Health Teams: Promoting and Enhancing the Nursing Role*.

Thank you so much to the National Conference Planning Committee, you have put so much time and dedication into making this conference come to life and without you it could have never happened. It has been an honour to plan this conference alongside everyone in the NCPC, and we cannot thank you enough for your support!



A handwritten signature in black ink that reads "K. Shaff".

Keeley Shaff: National Conference Director



A handwritten signature in black ink that reads "M. Hillyer".

Peggy Hillyer: Deputy Conference Coordinator

NATIONAL CONFERENCE PLANNING COMMITTEE WELCOME

Dear Conference Attendees,

It is with great pleasure that we, the 2017 – 2018 CNSA National Conference Planning Committee, welcome you to the 2018 National Conference here in the beautiful coastal city of Nanaimo BC, home of the Nanaimo Bar. Your National Conference Planning Committee has worked hard to bring you a fantastic conference. We have gathered together some wonderful presentations and workshops that go along with our theme of, “Collaborative Health Teams, Promoting and Enhancing the Nursing Role”. These presentations were organized to help you further your future career as a nurse, and to help you on your way as a current nursing student. Sign up for our fantastic west coast inspired social package. We have hikes and strolls planned. As well as bowling, a night on the town, and the chance of a lifetime to “Relive your Prom”. The Planning Committee is here to help you make the most of your conference experience, please don’t hesitate to ask questions or bring us your concerns. Again, welcome and thank you for attending the CNSA National Conference 2018.



The 2017 – 2018 National Conference Planning Committee

PRESIDENT'S WELCOME

Welcome Conference Attendees,

I welcome you from across Canada, and are deeply thankful for the commitment you made to the Canadian Nursing Students' Association, especially those coming from the east coast. It is so clear to me every day how our members want to make the change in their curriculum, in their careers, and in their health care system. I have also enjoyed seeing our laser engraved beans growing coast to coast in snow, sand, and sod. Canada has a diverse and wide-ranging population, with the worst access to physicians among the OECD countries. Nurses of the future are going to plant their roots as health care providers and branch out to become leaders in policy, education, and advocacy.

This year I had the privilege of working with a phenomenal board of directors. They brought your concerns to me and together we prepared strategic assessments to solve problems and focus on making particular voices heard. With elections for the 2018-2019 board of directors around the corner, I can't emphasize enough how much of a rewarding learning opportunity this year has been for me. When we went to St. John's Newfoundland for our board meeting, we saw bushes growing right out of the rock. Taking the leap into leadership and advocacy can have some rocky starts. If I can pass on one lesson, it's the importance of clear and timely communication with your team. The Iroquois followed a symbiotic horticulture strategy in which they first planted corn to grow tall stalks and protect the delicate leaves of other plants. Next, they planted beans which help fix nitrogen in the soil and provide a healthy foundation of nutrition. Finally, they planted squash, with its broad leaves to keep weeds away and protect its companion plants from harsh weather and sun. These three crops also provide a nutritionally complete meal. Find your ecosystem and work with your teammates be stronger together.

The theme for this conference is Collaborative Health Teams: Promoting and Enhancing the Nursing Role. We will experience several transitions as we enter a nursing workplace, and there is so much to gain from our healthcare colleagues. I want to thank Keeley Shaff and her National Conference Planning Committee for putting this conference together over the past year. And I want to thank you, our students, for taking the time and energy to contribute to this organization. As your voice grows we all grow stronger so keep growing your voice!

Sincerely,

Caitlin Wiltshire



CNSA President 2017-2018

CANADIAN FEDERATION OF NURSES UNION WELCOME

Dear delegates,

On behalf of the Canadian Federation of Nurses Unions (CFNU) representing almost 200,000 nurses and nursing students across Canada, I write to welcome all the nursing students attending your National Conference “Collaborative Health Teams: Enhancing and Promoting the Nursing Role” from January 23-27, 2018 in Nanaimo, British Columbia.

In a few years, you will discover the opportunities and passion a nursing career will bring you. While finding employment within the health care sector will give you many choices, belonging to a nurses union will give you security and a sense that you are making a difference. I want to let you know that all the CFNU member organization unions will be there for you. Remember, nurses’ care for patients and nurses unions care for you.

The CFNU is proud to have CNSA as an associate member sharing a proactive leadership style and a unifying national voice for quality health care and the socio-economic welfare of nurses and all Canadians. Together, we will make a difference, by improving our workplaces and our public healthcare system.

Engage with the CFNU community through Facebook, Twitter and Speak Up. You will find a community of nurses using these pages for information sharing and a way to network. Find direct links on our website at www.nursesunions.ca.

This past year, I had the honour of sitting on the CNSA board and I can tell you the future of nursing is in great hands. CNSA’s convention theme is Collaborative Health Teams: Enhancing and Promoting the Nursing Role. We need to change the conversation! It is not about others, it’s about us as nurses. It is not about what others can or cannot do, but what we are obligated to do from our different legislations, our code of ethics to our solid competencies. And to always remind yourselves that it is our job to be patient advocates.

We as nurses need to be on our game 24/7 and to do this we need to have a professional, safe and balanced work environment. Looking forward to working with all of you in the future.

I call on each of you to embrace challenges as opportunities and to use the knowledge and skills you acquire throughout your education to shape the future of health care in Canada. I wish you the best throughout your studies and look forward to working with you – future nurse leaders – one day soon.

In Solidarity always,



Linda Silas, RN, BScN
President

CANADIAN NURSES ASSOCIATION WELCOME

Dear students and colleagues,

On behalf of the Canadian Nurses Association (CNA), the national professional voice of registered nurses and nurse practitioners, welcome to Nanaimo! As you gather together from every corner of Canada, we extend best wishes for an exciting and informative 2018 national conference.

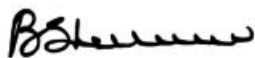
Your conference theme, Collaborative Health Teams: Enhancing and Promoting the Nursing Role, encourages you to examine the valuable outcomes of using an interprofessional team approach in working with patients, clients, families and communities toward better health. It is an honour for CAN to be part of your conference as you explore topics related to professional practice and nursing policy.

The voices of students and novice nurses are critical in the transformation of health care at large, and of CNA itself. The president of the Canadian Nursing Students' Association (CNSA) has a seat on CNA's board of directors. Additionally, CNSA is one of CNA's member classes — and with that come voting rights at our annual meetings and the opportunity to bring the student perspective to our discussions and debates.

Exciting opportunities for further student involvement with CNA lie ahead as we have begun a period of unprecedented transformation and renewal. In 2018, we will announce new services designed for student and novice nurses based on the advice of student and novice nurses. We are strengthening our efforts to welcome and engage you, provide leadership and mentorship opportunities, and deliver programs and services to help you in your transition to becoming strong, credible, professional colleagues. We're eager to hear from you on how best CNA can serve student and novice nurses and foster excellence in our profession, and Mike will hold two sessions during your conference to meet you, hear from you, and talk about the future of CNA and your place in it.

Have a wonderful conference! Learn lots, build your networks, and of course make some time to enjoy beautiful British Columbia!

Sincerely,



Barb Shellian, RN, BN, MN
President Chief



Michael Villeneuve, RN, M.Sc.
Executive Officer

VANCOUVER ISLAND UNIVERSITY, BACHELOR OF SCIENCE IN NURSING PROGRAM CHAIR WELCOME

To the Participants of the Canadian Nursing Students' Association National Conference 2018,

On behalf of the Bachelor of Science in Nursing (BSN) program at Vancouver Island University (VIU) in Nanaimo BC, I want to welcome all of you to the CNSA National Conference 2018: "Collaborative Health Teams: Promoting and Enhancing the Nursing Role". What a timely theme in today's ever-changing health care environment. Collaboration within team is key to quality patient/client care.

I commend the conference organizing team on the amazing work they have done in putting together this exciting conference on behalf of nursing students across Canada. And a warm welcome to all of you attending the conference – I hope that the conference will provide insights and ideas of how you, our future nurses of tomorrow, can lead the way to change. Enjoy the conference and your visit to our beautiful city!

With kind regards,

Leslie Sundby

A handwritten signature in black ink, appearing to read 'Leslie Sundby', written in a cursive style.

Chair, BSN Program
Faculty of Health & Human Services
Vancouver Island University

BOARD OF DIRECTORS 2017 – 2018

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The 2017 – 2018 CNSA Board of Directors in St. John's, Newfoundland for the August Board Meeting

NATIONAL CONFERENCE PLANNING COMMITTEE 2018

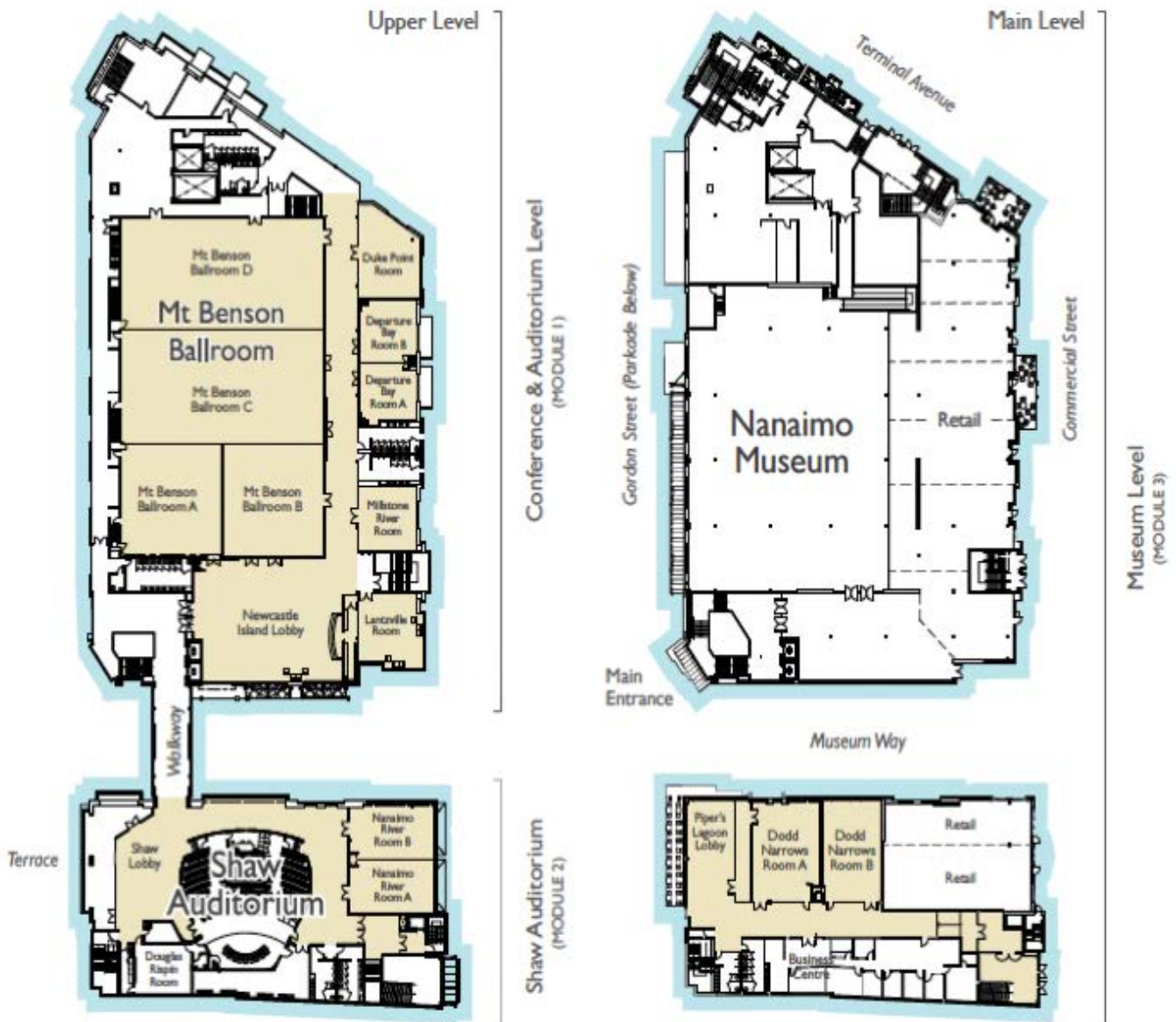
National Conference Director	Keeley Shaff	Vancouver Island University
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Workshop Coordinator	Emily Bugoy	Vancouver Island University
National Conference Advisor	Karlee McKenzie	

VANCOUVER ISLAND CONFERENCE CENTRE

ABOUT THE CONFERENCE CENTRE

Nanaimo is a jewel of a port city overlooking the Salish Sea and the coastal mainland mountains. The city is a transportation gateway and business hub for central and northern Vancouver Island. Meetings make sense here. Just steps away from the Picturesque Nanaimo harbour in the heart of charming downtown, The Vancouver Island Conference Centre (VICC) is the largest meeting space for event planners in the region. This multiple award-winning building has 38,000 square feet of flexible event space all within walking distance to nearby hotels, restaurants, boutiques, museums & art galleries. From a versatile ballroom/trade show floor, nine multi-purpose meeting rooms to two reception lobbies, the VICC can accommodate up to 1,300 people.

MAP



SCHEDULE

Tuesday, January 23rd

1300 – 1400	Pre-Conference Breakout Sessions	Multiple Concurrent Sessions
1400 – 1415	Break	
1415 – 1515	Pre-Conference Breakout Sessions	Multiple Concurrent Sessions
1515 – 1800	Break	
1800 – 1930	National Assembly Orientation	Mt. Benson C/D
1930 – 2100	Break	
2100 – 0000	OD/AD Appreciation Night	Nanaimo Museum

Wednesday, January 24th

0830 – 1200	Regional Meetings	AR: Duke Point Room OQR: Departure A/B WPR: Lantzville Room
1000 – 1300	Explore Nanaimo	Head on a Bus to see what BC has to offer!
1200 – 1300	Lunch	OD/AD/BOD
1300 – 1630	Regional Meetings	AR: Duke Point Room OQR: Departure A/B WPR: Lantzville Room
1630 – 1730	Break	
1730 – 2030	Opening Ceremony/Charity Auction	All Attendees, Mt. Benson C/D
2130 – 0000	Social Event	Brechin Lane Bowling Alley

SCHEDULE

Thursday, January 25th

0730 – 0830	Breakfast	All Attendees
0900 – 1200	Workshops	Choose 1 of 3 Sessions
0900 – 1730	Exhibitor Booths	Newcastle Island Lobby
1200 – 1300	Lunch	All Attendees
1300 – 1400	Keynote Speaker: Lynn Stevenson RN	Mt. Benson C/D
1400 – 1415	Break	
1415 – 1515	Breakout Sessions	Multiple Concurrent Sessions
1515 – 1530	Break	
1530 – 1630	Breakout Sessions	Multiple Concurrent Sessions
1630 – 1700	Break	
1700 – 1830	National Assembly	Mt. Benson C/D
1830 – 1915	Dinner	OD/AD/BOD
1915 – 2100	National Assembly	Mt. Benson C/D
2100 – 0100	Social Event	Relive Your Prom Night at the Vancouver Island Conference Centre

SCHEDULE

Friday, January 26th

0730 – 0830	Breakfast	All Attendees
0830 – 0915	Breakout Sessions	Multiple Concurrent Sessions
0900 – 1730	Exhibitor Booths	Newcastle Island Lobby
0915 – 0930	Break	
0930 – 1015	Breakout Sessions	Multiple Concurrent Sessions
1015 – 1300	Surprise Event!	All Attendees
	Lunch	
1300 – 1345	Breakout Sessions	Multiple Concurrent Sessions
1345 – 1400	Break	
1400 – 1500	Keynote Speaker: Dr. Courtney Howard	Mt. Benson C/D
1500 – 1530	Break	
1530 – 1630	National Team Debate	Mt. Benson C/D
1630 – 1700	Break	
1700 – 1830	National Assembly	Mt. Benson C/D
1830 – 1915	Dinner (OD/AD/BOD)	OD/AD/BOD
1915 – 2100	National Assembly	Mt. Benson C/D
2100 – 0100	Social Event	Naimchella: Live Music at The Queens

SCHEDULE

Saturday, January 27th

0830 – 1200	Regional Meetings	AR: Duke Point Room OQR: Departure A/B WPR: Lantzville Room
0900 – 1200	Explore Nanaimo	Head on a bus to see what BC has to offer!
0900 – 1730	Exhibitor Booths	Newcastle Island Lobby
1200 – 1230	Lunch	OD/AD/BOD
1230 – 1630	National Assembly	Mt. Benson C/D
1545 – 1645	Scholarly Showcase	Newcastle Lobby
1645 – 1830	Break	
1830 – 2030	Closing Ceremony/ Banquet Dinner	All Attendees
2200 – 0200	Social Event	On the Town

BREAKOUT SESSIONS SCHEDULE

Tuesday, January 23rd Pre-Conference

1300 – 1400	Michael Villeneuve	CNA Roundtable	Departure Bay A
	Victoria Marchand	Colonialism and Resiliency of Indigenous Peoples: Merging Traditional and Modern Practices	Duke Point
1415 – 1515	Michael Villeneuve	CNA Roundtable	Departure Bay A
	Victoria Marchand	Colonialism and Resiliency of Indigenous Peoples: Merging Traditional and Modern Practices	Duke Point

Thursday, January 25th

0900 – 1200 (Choose one of three)	Barbara Metcalfe	Walking the Square	Mt. Benson A
	Kathi Camilleri	Building Bridges Through Understanding the Village	Mt. Benson B
	Navjot Gill	Anticipatory Approaches to Community and Global Health	Departure Bay A/B
1415 – 1515	CNA Specialty Speed Dating		Mt. Benson A
	Cameron G. Keller	Ending Homelessness Using a Housing First Approach	Mt. Benson B
	Dr. Tracy Rodgers	The Midlife Roller Coaster	Mt. Benson C/D
	Kate White	Addressing Stigmatization of Nursing Students with Disabilities	Departure Bay A
	Darren Colyn	How Spiritual Care Benefits You and Your Practice	Departure Bay B
1530 – 1630	Fonda Betts	Medical Cannabis in Clinical Practice	Duke Point
	CNA Specialty Speed Dating		Mt. Benson A
	Cameron G. Keller	Mental Health Recovery and Workplace Mental Health	Mt. Benson B
	André Poulin-Denis	The Legal Implications of Documentation and Privacy Considerations of Charting Electronically	Mt. Benson C/D
	Kate White	Addressing Stigmatization of Nursing Students with Disabilities	Departure Bay A
	Fonda Betts	Medical Cannabis in Clinical Practice	Duke Point

BREAKOUT SESSIONS SCHEDULE

Friday, January 26th

0830 – 0915	Chris Wright	Pacific Institute of Sports Education (PISE)	Mt. Benson A
	Nurses for Environmental Action Today (NEAT): VIU Nursing Students	Health Impacts of Climate Change	Mt. Benson B
	Piera Jung	Creating an Elder Friendly Care-Plan	Mt. Benson C/D
	Paisly Symenuk	Global – More Than Using a WHO Definition for the Opening Sentence of Your Term Paper	Departure Bay A
	Michelle Anderson		Duke Point
0930 – 1015	Chris Wright	Pacific Institute of Sports Education (PISE)	Mt. Benson A
	Kerri Isham	Body Smart: Right from the Start	Mt. Benson B
	Leigh Blaney	Indomitable Spirit: Resilience in Nursing	Mt. Benson C/D
	Diane Middaugh	Working as a Nurse Practitioner	Departure Bay A
	Lori Amdam	Social Isolation: Risks, Consequences, & Prevention in Older Adults	Duke Point
1300 – 1345	Denise Thornton	The Eden Philosophy of Care	Mt. Benson A
	Brent Scrivens	The Best Code is the Missed Code: Preventing and Preparing for Disasters in Healthcare	Mt. Benson B
	Evelyn Voyageur	Indigenous Ways of Knowing	Mt. Benson C/D
	Shannon Dames	Why are you thriving when I'm barely surviving? A Study of What Life History and Contextual Factors Enable Novice Nurses to Thrive at Work	Departure Bay A
	Connie Paul	Out-Post Nursing	Duke Point

KEYNOTE SPEAKERS

BEYOND COLLABORATION: IT TAKES A TEAM

Lynn Stevenson, Associate Deputy Minister

January 25th, 2018 at 1300



Associate Deputy Minister Lynn Stevenson was appointed Associate Deputy Minister, Ministry of Health in January 2014. In this role she provides leadership to the Health Services portfolio, which includes primary and community care, seniors, quality, public health, professional practice, research, surgery, and health workforce.

Prior to this appointment, Lynn was the Executive Vice-President, Organizational Development and Chief Nurse for Island Health. She has also held senior leadership positions at Fraser Health and BC Cancer Agency. Lynn is a registered nurse by profession, has a PhD with a research focus on organizational change, practice and leadership. She is a Fellow of the Canadian College of Health Leaders (CCHL), a CFHI EXTRA Fellow, Certified corporate director (ICD-D) and holds Adjunct Professor positions in the Schools of Nursing at the Universities of British Columbia and Victoria.

KEYNOTE SPEAKERS

A HEALTHY RESPONSE TO CLIMATE CHANGE

Courtney Howard, MD

January 26th, 2018 at 1400



Courtney Howard is a University of British Columbia and McGill-trained Emergency Physician who practices in Canada's subarctic and is the President-Elect of the Canadian Association of Physicians for the Environment (CAPE). Motivated by work on a *Médecins Sans Frontières* pediatric malnutrition project in Djibouti, and by climate-related health impacts on her Northern patient population, she led the successful campaign to have the Canadian Medical Association divest from fossil fuels and for MD-Financial to create a Fossil-Free Fund for individual physician investment. She has contributed to advocacy efforts in active transportation, hydraulic fracturing and coal phase-out, including the recently-announced Accelerated Canadian Coal Phase-out and presents on climate-health at medical conferences across Canada and internationally. Research-wise, she led "FLOW-Finding Lasting Options for Women", the first randomized controlled trial comparing menstrual cups to

tampons, and is writing up the "SOS: Summer of Smoke" research project on the Northwest Territories' severe 2014 wildfire season under the leadership of Dr. James Orbinski. Courtney. She has been honoured to win the Canadian College of Family Practice's Environmental Health Award in 2013 and its Mimi Divinsky Award for History and Narrative in Family Medicine in 2015. Courtney represented CAPE during COP21 in Paris when it became a founding board member of the Global Climate and Health Alliance and continues to be CAPE's main contact with the international climate-health community. Mother to two young daughters and married to Pediatrician Dr Darcy Scott, she can frequently be found dancing with them in a little house on the shores of Great Slave Lake in Yellowknife.

PRESENTER BIO'S

SOCIAL ISOLATION; RISKS, CONSEQUENCES, AND PREVENTION FOR OLDER ADULTS

Lori Amdam, RN, MSN

JAN 26/ 0930 – 1015/ DUKE POINT

Lori has worked as a gerontological advanced practice nurse, administrator, educator and consultant for over forty years, supporting older adults with mental health challenges. She completed her nursing education at St. Paul's Hospital in Vancouver, holds a diploma in Health Care Management from the British Columbia Institute of Technology and received a Master of Science degree in Nursing from the University of British Columbia. She has held a seat on the Canadian Coalition for Seniors Mental Health Steering Committee since 2011. Lori is strongly committed to person-centred patient care and excellence in nursing practice.

MEDICAL CANNABIS IN CLINICAL PRACTICE

Fonda Betts, Shareholder, President and CEO of Greenleaf Medical Clinic

JAN 25/ 1415 – 1515 & 1530 – 1630/ DUKE POINT

Fonda Betts is the Founder and CEO of the Greenleaf Medical Clinic and has been educating patients on the use of cannabis since starting the clinic in 2011. In addition to educating patients, she also provides physician support. She has extensive knowledge in cannabinoids in clinical practice from the University of Toronto, Faculty of Medicine. Her passion for Health and Wellness includes studying herbal medicine, teaching yoga and working one-on-one with patients to ensure that their symptoms are improving with using medical cannabis.

INDOMITABLE SPIRIT: RESILIENCE IN NURSING

Dr. Leigh Blaney, RN, PhD, CFMHN(C)

JAN 26/ 0930 – 1015/ MT. BENSON C/D

Leigh is a nurse, researcher, and educator. Leigh has over 20 years experience as a mental health nurse in communities, facilities, and private practice, and has been teaching nursing at Vancouver Island University (Canada) for more than 10 years. Leigh is the clinical coordinator of the Archipelago Critical Incident Stress Management (CISM) Society, a volunteer organization dedicated to the psychological health of emergency services and healthcare personnel. Leigh has worked with fire rescue and other emergency services for 20 years, and has researched, developed, and evaluated critical incident stress and psychological health programs in emergency service, business, and disaster organizations globally. Leigh's areas of interest and expertise are resilience, health promotion, coping and capacity-building.

PRESENTER BIO'S

HOW SPIRITUAL CARE BENEFITS YOU AND YOUR PRACTICE

Darren Colyn

JAN 25/ 1415 – 1515/ DEPARTURE BAY B

Darren Colyn has served as the Spiritual Health Practitioner for the Nanaimo Regional General Hospital since 2008. He recently assumed the role of Advanced Practice Leader for Spiritual Health in Island Health. In this new role Darren will work at promoting and implementing spiritual health care across the health authority. Born on the Island Darren loves the rain and enjoys getting out into the beauty of where he lives. He is the proud dad of three great kids and coach of the Nanaimo Wrestling Club.

WHY ARE YOU THRIVING WHEN I'M BARELY SURVIVING? A STUDY OF WHAT LIFE HISTORY AND CONTEXTUAL FACTORS ENABLE NOVICE NURSES TO THRIVE AT WORK

Shannon Dames, RN, MPH, Doctoral Candidate

JAN 26/ 1300 – 1345/ DEPARTURE BAY A

Shannon joined VIU's BSN program as a sessional faculty member in 2013 and became a full-time faculty member in 2014. She has worked in various capacities related to nursing over the last 16 years. She has experience as a certified emergency nurse, forensic nurse, palliative care, and multiple public health programs from frontline through management. She has consulted as a program development specialist and continues to work at the bedside via her forensic nurse examiner work. She pursued her Master in Public Health while working in the United States at Oregon Health and Sciences University and is currently completing a doctoral degree at the University of Calgary in the Adult Education program.

HEALTH IMPACTS OF CLIMATE CHANGE

Nurses for Environmental Action Today: VIU Nursing Students

Serena Gaiga, Kurt Kuzminski, Tanys Latham, Charmaine Lightfoot, Ivo Nikilov, & Dulcie Thomson

JAN 26/ 0830 – 0915/ MT. BENSON A

We are a group of 4th year nursing students. We are part of a new community placement in our nursing program where we have been able to link the effects of climate change to human health. We are part of the ACER (Awareness of Climate Change through Education and Research) group on campus. ACER has provided us with a foundation of knowledge on the science behind climate change. Additionally, we bring knowledge we have acquired from the nursing program on subjects such as pathophysiology, the determinants of health, and the functioning of the healthcare system. Our goal is to raise awareness, to translate climate change science, and to educate ourselves and others on the health effects of climate change. Our position is aimed at making climate change solutions tangible and meaningful on a personal level through taking preventative health and climate change action today.

PRESENTER BIO'S

BODY SMART: RIGHT FROM THE START

Kerri Isham

JAN 26/ 0930 – 1015/ MT. BENSON B

Kerri Isham is a knowledgeable, experienced and passionate educator, coach and facilitator dedicated to excellence and committed to the empowerment of people of all ages. Her primary goal is to make exploring sexual health fun and meaningful, and to alleviate the shame and embarrassment sometimes associated with this topic.

Currently, she runs her own company called Power-Up Workshops specializing in sexual health education for preschool to Grade 12. Her four main areas of focus are sexual abuse prevention, puberty education, special needs empowerment and gender/sexual orientation advocacy. Kerri completed the Sexual Health Educator's Certification program in June 2011 with Options for Sexual Health in Vancouver.

WORKING TOGETHER FOR ELDER FRIENDLY CARE

Piera Jung, RN, BSN, MALT, CCNE

JAN 26/ 0830 – 0915/ MT. BENSON C/D

Piera is a teacher at Vancouver Island University. Piera started her health career as a Health Care Assistant while putting herself through Nursing school at the University of Manitoba. She worked as a medical-surgical nurse, oncology nurse, Director of Care in a complex care facility, and palliative nurse before moving into the role of staff development nurse (now referred to as Clinical Nurse Educator). It is from these experiences that Piera developed a passion for working with older adults; seeing the joy and rewards in Gerontological Nursing. Piera moved into full time teaching of the BSN Program in 2004 and has been teaching students in a variety of settings. Piera is a Canadian Certified Nurse Educator and a member of the Canadian Gerontological Nurses Association.

PRESENTER BIO'S

ENDING HOMELESSNESS USING A HOUSING FIRST APPROACH & MENTAL HEALTH RECOVERY AND WORKPLACE MENTAL HEALTH

Cameron Keller

JAN 25/ 1415 – 1515/ MT. BENSON B (ENDING HOMELESSNESS THROUGH HOUSING FIRST)

JAN 25/ 1530 – 1630/ MT. BENSON B (MENTAL HEALTH RECOVERY AND WORKPLACE MENTAL HEALTH)

Cameron is the President and Founder of Kaleidoscope Training and Consulting, a consulting firm that specializes in “creating workplaces where people want to come and perform and people want to come and buy.” Specifically linked to the “people want to come and perform” niche is the work he does in promoting workplace mental health and wellness.

Cameron is aware that of the \$50 billion per year that mental health costs the Canadian economy every year, over \$21 billion of that are costs born directly by Canadian employers due to absenteeism, presenteeism and turnover. He helps CEO's understand how making strategic investments in promoting workplace wellness can save between \$5,000 and \$10,000 per year, per employee. Cameron's direct and indirect training, including the 100's of trainers he has trained and mentored through a Train the Trainer model has now reached hundreds of thousands of Canadian workers across the country.

Executives, executive teams and entrepreneurs also get value from the “people want to come and buy” niche that focusses on growth strategies. Clients receive value through individual and team coaching, business and strategic planning, facilitation and team building. Prior to founding Kaleidoscope, Cameron retired from many years as an executive, including his most recent post of National Vice President, Programs and Priorities with the Mental Health Commission of Canada. In this role he was the executive lead on several national projects related to workplace mental health including the creation of workplace mental health training initiatives and *The National Standard for Psychological Health and Safety in the Workplace*. Cameron is also nationally and internationally recognized for several other related initiatives that are now being replicated in jurisdictions around the world.

COLONIALISM AND RESILIENCY OF INDIGENOUS PEOPLES: MERGING TRADITIONAL AND MODERN PRACTICES

Victoria Marchand

JAN 23/ 1300 – 1400 & 1415 – 1515/ DUKE POINT

Victoria Marchand is an Algonquin First Nation from the Kitigan Zibi Anishinabeg community, and currently completing her nursing degree at the University of Ottawa, and will be pursuing her post-grad goals in Indigenous Health Policy while already achieving honours with her Environmental Science degree.

While being on the Board of Directors for both the Canadian Nursing Students' Association and the Canadian Indigenous Nurses Association, Victoria represented her university by playing her full five years of eligibility, ranking as a member of one of the top ranked women's varsity soccer teams in the nation. Alongside mentor and colleague Brianna Krekowski, she worked with the Faculty of Nursing to direct the Retention and Recruitment of Indigenous Nursing Students at the University of Ottawa.

PRESENTER BIO'S

She is currently working hard to finish her term as Director of Indigenous Health Advocacy to ensure that Indigenous nursing students have a voice, and that Indigenous health matters are brought to light, discussed with honest commitment from all stakeholders, and to strengthen the executive partnership between the Canadian Indigenous Nurses Association and CNSA. With athletic and community commitment, Victoria is looking forward to expanding Indigenous knowledge through curriculum advancements in several undergraduate programs.

Now more than ever, the integration and strength of partnership between Indigenous and non-Indigenous is imperative to advancing in society. This presentation will focus on the effects of colonialism on today's relationship between First Nations and the Crown, and where that leaves the nursing profession as a whole.

WORKING AS A NURSE PRACTITIONER

Diane Middagh

JAN 26/ 0930 – 1015/ DEPARTURE BAY A

Diane Middagh is a Family Nurse Practitioner with several years' experience working with diverse populations around the province. She completed her BScN at the University of Alberta and then, after several years working as an RN in Vancouver in many different practice settings, she completed her MN:ANP in 2004 from Athabasca University. She became licensed as a Nurse Practitioner (family stream) in BC in 2006 after working in an NP like role for 2 years.

Diane is currently working at the Vancouver Island University in the Health and Wellness Centre providing primary care and episodic care to the student population. She is on the executive of the BCNPA (British Columbia Nurse Practitioner Association) as the Island regional director, and is the co-chair of the Island Health Nurse Practitioner Community of Practice. She is also a Clinical Faculty member for the UNBC nurse practitioner program, and recently she has become a BSN field guide resource for the VIU 3rd and 4th year nursing students in their community and engaging leadership placements.

She enjoys outdoor pursuits including cold water scuba diving, biking, hiking and skiing.

PRESENTER BIO'S

OUT POST NURSING

Connie Paul, RN

JAN 26/ 1300 – 1345/ DUKE POINT

My inside world name is Teltitelwet, I have also been gifted the name Yetta (my great grandmother's grandmothers name).

My late mother, Evelyn Paul is from the Okanagan Indian Reserve. My late father, Benjamin Paul is from the Tsartlip Nation. My dad was a great political leader for our people. My great grandfather Tommy Paul was the last hereditary Chief from the Tsartlip Nation.

My traditional teachings were spoken to me by my grandmothers and great grandmothers from both sides of my family. I have also been kindly taught by many other elders that I have cared for.

My formal education is a registered nurse. I have attended Langara College and VIU. I went to McMaster University where I received my certification as an outpost nurse, later to become certificated by the College of Nursing.

7 years at Nanaimo Regional General Hospital (acute medical float pool: ER, CCU, acute medicine, Palliative care, and Rehab) and 18 ½ years as an Out-post Nurse (Nisga'a Valley Health Board) I worked as their Nurse in Charge. Then for the last 2 ½ years, I was their Acting Director of Nursing for 3 nursing stations and 1 health center.

For the past 7 years, I have worked for Snuneymuxw First Nations as their Home and Community Care Nursing Coordinator.

Some of my greatest teachings have come from my husband and our three sons William, Peter, and Brandon.

Nutsamaat Shqwaluwun (one mind, one heart, one spirit)

THE LEGAL IMPLICATIONS OF DOCUMENTATION AND THE PRIVACY CONSIDERATIONS OF CHARTING ELECTRONICALLY

Andre Poulin-Denis, B.A, J.D

JAN 25/ 1530 – 1630/ MT. BENSON C/D

André Poulin-Denis, B.A., J.D., is a Legal Advisor with the Canadian Nurses Protective Society. André has experience with a wide range of health law related matters, including professional discipline, professional liability and privacy. Prior to joining the CNPS, André worked for a national law firm where he practised civil litigation with a focus on administrative law, constitutional law and professional discipline. He has represented regulatory bodies and individuals before administrative tribunals, the Saskatchewan Court of Queen's Bench, the Saskatchewan Court of Appeal and the Supreme Court of Canada.

PRESENTER BIO'S

THE MIDLIFE ROLLER COASTER: CARING FOR WOMEN THROUGH THE MENOPAUSE

Dr. Tracy Rodgers

Jan 25/ 1415 - 1515/ Mt. Benson C/D

From Newfoundland, been on Vancouver Island for almost 10 years. I practice general obstetrics and gynaecology in Comox. I am married with two girls, Peyton and Camryn, ages 12 and 10. I am passionate about women's health in general and midlife in particular. I love public speaking and I try to encourage dialogue about issues that are important to women. Embracing the East Coaster in me, I approach life with humour and love.

When I am not in my office or running around the hospital, I am spending time with my family, puttering in my art studio or studying. I am currently doing a Masters in Leadership - health care stream at Royal Roads University, which has been a humbling and transformative experience. I have aspirations of writing a book for women about midlife transition... someday when I have free time.

THE BEST CODE IS THE MISSED CODE: PREVENTING AND PREPARING FOR DISASTERS IN HEALTHCARE

Brent Scrivens, BSN, MA

JAN 26/ 1300 – 1345/ MT. BENSON B

After being an Army Reserve medic for 8 years during high school and his early 20's, Brent became a Registered Nurse 22 years ago with 17 of those years working in 4 different Emergency Departments in hospitals ranging from 10 to 350 beds. In 2007 Brent began a transition into Health Emergency Management through special projects and obtaining an MA in Disaster and Emergency Management at Royal Roads University in 2010. His major research paper was titled "Mass Casualty Response Knowledge in BC Emergency Departments" and has helped guide his work as an Emergency Management Coordinator with the Provincial Health Services Authority based out of Nanaimo supporting the hospitals, programs, and staff of central Vancouver Island.

GLOBAL HEALTH- MORE THAN USING A WHO DEFINITION FOR THE OPENING SENTENCE OF YOUR TERM PAPER

Paisly Symenuk

JAN 26/ 0830 – 0915/ DEPARTURE BAY A

Applying a critical lens to exploring opportunities for nursing students and novice nurses in global health engagement, gaps in nursing education, interdisciplinary care, and differences in international nursing and global health. There will be a focus on the

PRESENTER BIO'S

disconnect between high nursing student interest in global health and the vast underrepresentation of nurses in decision-making positions in global health. This session will provide insights and pathways on how to engage at the highest levels of global health policy as a student or novice nurse.

Paisly is a registered nurse who is the co-founder and President of the Global Association of Student and Novice Nurses (GASNN). She previously served 2 terms as the CNSA Global Health Chair. Presently she is also a graduate student at the University of British Columbia pursuing both a Master of Science in Nursing and a Master of Public Health. Her research interests explore the intersections of gender, leadership, youth, global health, and nursing.

THE EDEN PHILOSOPHY

Denise Thorton, RN

JAN 26/ 1300 – 1345/ MT. BENSON A

Initiated career in healthcare as an HCA, truly enjoyed every moment, but decided I wanted to enrich my knowledge and experiences in healthcare, which lead to initiating my degree in nursing. I remained employed as an HCA throughout the duration of completing degree, as well as did my perinatal specialty courses, which enabled me to work as an employed student nurse in perinatal for the second half of degree. Shortly after graduating, I decided to focus on gerontology, which is my passion. I had the opportunity to be Director of Care at a small personable site for a number of years, which was a nice stepping stone into the larger sites. I have had an enjoyable journey to end up where I am today, working for a non-profit site that follows the Eden Alternative Philosophy of Care, which is parallel with my beliefs.

INDIGENOUS WAYS OF KNOWING

Evelyn Voyageur, RN, PhD

JAN 26/ 1300 – 1345/ MT. BENSON C/D

Evelyn is a registered nurse and holds a PhD in psychology. Evelyn has extensive experience in health care in the community, hospital and in nursing education. Evelyn worked with the Indian Residential School Society for four years from 1999, where her work concentrated on isolated villages and support for former students healing from the trauma of residential schools. Evelyn was invited to join the North Island College's Nursing Program to support changes to its curriculum to help bring cultural awareness to their programming after her presentation on the effects of the residential school on the health of the First Nations. In 2005, Evelyn received an award in nursing from Health Canada for making a difference in working with First Nations people. Evelyn was the first Indigenous nurse to receive this award of excellence. Evelyn has been active in the Canadian Indigenous Nurses Association (formerly Aboriginal Nurses Association of Canada) since 1980, serving as the B.C. representative, vice-president and as president (2010 to 2012) and is still active in the association. Evelyn founded the Native and Inuit Nurses Association of B.C. (NINA) in the early 1980s to help educate those who work with the First Nations communities.

PRESENTER BIO'S

ADDRESSING THE STIGMATIZATION OF NURSING STUDENTS WITH DISABILITIES

Kate White

JAN 25/ 1415 – 1515 & 1530 – 1630/ DEPARTURE BAY A

Kate White is a fourth year BN student at Memorial University of Newfoundland School of Nursing in St. John's. After being diagnosed with ADHD in the spring of 2016, Kate decided to use the adversity she experienced to empower other students living with disabilities. A few short months later, Kate began her first term as the Newfoundland & Labrador Director of the National Educational Association of Disabled Students (NEADS). NEADS is a national non profit organization focused on advocacy for post secondary students with disabilities, primarily through conducting research on issues affecting the accessibility of quality education. Throughout her studies, Kate has experienced first hand the impact of the lack of accommodation in professional programs - an area which NEADS hopes to conduct research in the future. Kate is very passionate about ending the stigmatization of students living with disabilities and looks forward to educating Canadian nursing students on this topic during her session.

PACIFIC INSTITUTE OF SPORTS EDUCATION

Chris Wright, BSc Honors Physical Literacy Coordinator, PISE

JAN 26/ 0830 – 0915 & 0930 – 1015/ MT. BENSON A

Chris has been with PISE since 2012, working throughout Victoria to build and develop knowledge of physical literacy. Chris oversees 50 programs a week with children and youth of all ages, abilities and backgrounds. As part of his role, Chris shares his knowledge of games and play based activities to many different organisations and sectors, including coaches, recreation leaders, Early Childhood Educator's, inclusion services, health organisations, schools and parents. Chris has presented at national and international conferences on working with children and youth with a disability, as well as lending his expertise to many national and provincial projects on adapting games and activities in order to include all individuals.

SPEED DATING: CNA NURSING SPECIALITIES

JAN 25/ 1415 – 1515 & 1530 – 1630/ MT. BENSON A

Nursing specialties are different perspectives of the richness of nursing practice. Come to this interactive panel to hear from leaders from CNA's Network of Nursing Specialties who currently work in specialty practice areas. Learn about what the specialty entails, the benefits and the various settings for practice. This opportunity may help you to determine if there is a specialty practice that feels right for your future! This workshop will feature 6 Speed Dates and information on how to contact any of the 46 national associations will be available at this workshop.

WORKSHOP SPEAKER BIO'S

PARTICIPATORY APPROACHES

Navjot K. Gill

JAN 25/ 0900 – 1200/ MT. BENSON C/D

Navjot is a Master's of Public Health candidate at Simon Fraser University in the Global Health concentration. She has worked on holistic community health programming and evaluation for research institutions and non-profit organizations in Nepal, India, Malaysia, Honduras, Burkina Faso, Vietnam, and rural British Columbia. Focusing on cross-cultural interventions and capacity building, she has worked in the field of health promotion, mental health, maternal and child health, WASH, and access to primary care. Her experiences inspire her to redefine community engagement methods in order to ensure that health programs and evaluations operate in partnership with communities and focus on local capacity building and empowerment.

Currently, she is a research assistant at the Centre for Applied Research in Mental Health and Addiction. Also, she is a board of director of World Neighbours Canada Society, serving as a volunteer Gender Equality Coordinator for the *Partnerships for Strengthening Maternal, Newborn and Child Health* project funded by Global Affairs Canada.

BUILDING BRIDGES THROUGH UNDERSTANDING THE VILLAGE

Kathi Camilleri, MA

JAN 25/ 0900 – 1200/ MT. BENSON B

Kathi is an Aboriginal woman who has coordinated healing programs in the Aboriginal Community for 19 years. She has a Master's Degree in Leadership Studies. Kathi works with Aboriginal Mental Health and has her own consulting business. She facilitates strategic planning sessions and experiential workshops regarding Canada's Policy of Assimilation and Colonization with social workers, foster parents, health care workers, church groups, students and educators, frontline workers in communities across Canada. The healing power and personal impact of this work elicits rave reviews. One participant wrote: "*Kathi uses humour, kindness and wisdom to hold the space safely for us while we change how we see the world and how we forever interact with those who have Aboriginal Heritage. It is easy to learn because of her gentle ways, and her respect for all people.*"

WORKSHOP SPEAKER BIO'S

WALKING THE CUBE

Barbara Metcalf, RN, MScN

JAN 25/ 0900 – 1200/ MT. BENSON A

Barbara has been a nurse for 30 years and has always worked in post-surgical care in some capacity or other. Originally from London, ON, Barbara was an instructor at The University of Western Ontario for six years. Upon moving to BC, she worked as the Clinical Nurse Educator for the post-surgical units at Nanaimo Regional General Hospital (NRGH). Prior to that she was a staff nurse on the general surgery unit at NRGH and was one of the inaugural Sexual Assault Nurse Examiners for central Vancouver Island.

Since joining the VIU faculty in 2012, Barbara has taught a combination of clinical and classroom courses. In 2014 Barbara became the Simulation Coordinator for Health and Human Services (HHS). Her areas of interest are simulation, violence against women and teaching/learning.

Barbara has her BScN and Master's degrees from The University of Western Ontario along with a Certificate in Practice Education and a Certificate in Multi Media and Web Development from the University of British Columbia.

Barbara has been involved in theatre for over 40 years, which has served her well in the simulation suites. She has recently dabbled in graphic design and spends way too much time on the computer. She lives in Cedar with her fantastic partner, two cats and a dog.

CNSA COMMITTEES

INTRODUCTION AND CONTACT INFORMATION

CNSA Committees are a great opportunity to become involved in what you are most passionate about, to meet students from across the country and to develop leadership skills, so we encourage you to contact our committee chairs!

Executive Committee	president@csna.ca
Advocacy Committee	president@csna.ca
Awards Committee	awards@csna.ca
Career and Leadership Development Committee	leadership@csna.ca
Community and Public Health Outreach Committee	community@csna.ca
Diversity Committee	diversity@csna.ca
Education and Research Committee	research@csna.ca
Global Health and Outreach	global@csna.ca
Governing Committee	pastpresident@csna.ca
Indigenous Health Advocacy Committee	indigenoushealth@csna.ca
Informatics Committee	informatics@csna.ca
Nominations and Elections Committee	services@csna.ca
Translations Committee	translation@csna.ca

EXECUTIVE COMMITTEE (EC)

The Executive Committee consists of the **President**, **Vice President**, and the **Director of Communications**. The President acts as the official spokesperson of the Association, exercise general supervision over the interest and welfare of the Association and chairs the Executive, Board of Directors, Board Mediation, and the Advocacy Committee. The Vice President oversees the advancement of educational, research, and award activities within the Association and acts for the President when the latter is unable to be present. The Director of Communications manages the communication media of the Association, including website and social media accounts, to ensure effective communication between the Board and our members as well as external communication with the public. The Administrative Officer is a non-voting member of the EC and maintains day-to-day operations of the Association, including but not limited to the legal documentation of the Association, maintenance of financial records, and coordinating Board of Directors' meetings. Our goal as an EC is to work closely and seek the guidance of the Board of Directors to achieve the Association's missions and visions and to advance the Association. We support the Board of Directors through reviewing, providing feedback, and approving their work and contribution to the Association. We work directly with our **Administrative Officer** to conduct business of the Association and its functions. Each EC member collaborates with one of our national stakeholders (CNA, CASN, and CFNU) and sits on their Board as a student representative with a voting right. This allows the EC to give insights from a student's perspective, to ensure students' voices are heard, and to influence decisions and actions on diverse pertinent issues in nursing. The EC addresses concerns brought forward by our members and provides support within the capacity of the Association. This committee is not open to general membership.

CNSA COMMITTEES

ADVOCACY COMMITTEE

The Advocacy Committee supports students by raising awareness about issues, exploring and providing resources, advancing goals for the association and working with stakeholders to create a better experience for students and ensure an academically enriching environment.

AWARDS COMMITTEE

The Awards Committee selects a number of deserving applicants for monetary awards to recognize their contributions to the nursing profession.

CAREER AND LEADERSHIP DEVELOPMENT COMMITTEE

The Career and Leadership Development Committee is the creative mind behind National Nursing Students' Week (NNSW). NNSW is an annual, national event, which encompasses all of our Chapter Member schools. It will highlight the important contributions of nursing students to their practice areas, and bring together nursing students from across Canada. This year, our committee is developing a workshop for the 2017 National Conference. As well, we are working to create Career and Leadership Development resources for the CNSA website! We have a dynamic team of nursing students from across Canada and are always welcoming new members to join at any time during the year.

COMMUNITY AND PUBLIC HEALTH OUTREACH COMMITTEE

Each and everyone one of us, belong to a community, a group of people with similar attitudes, goals, or ideas who live in the same area. The Community and Public Health Committee celebrates these different lived experiences, recognizes that equitable access to health care prevents serious illness, and supports health promotion strategies, such as harm reduction and patient education, for all Canadians. The mandate of this committee is to liaise with key national stakeholders that deal with community and public health in Canada and bring relevant information back to the board and general membership.

DIVERSITY COMMITTEE

The Diversity Committee consists of a group of people who want to educate about and advocate for peoples belonging to marginalized populations. This committee hosts projects pertaining to various populations, including refugee and immigrants, LGBTQ+, women's health, and many more. The various projects centering around LGBTQ+ communities all have a common goal to provide information and resources for nursing students across Canada.

CNSA COMMITTEES

EDUCATION AND RESEARCH COMMITTEE

We are nursing students who have some interest in research: learning to be sophisticated consumers of research, and doing research projects ourselves. We host an online and national conference scholarly showcase, we are the main resource for research opportunities and funding, we create accessible documents to help students better understand research, and we work with national research organizations to input our priorities into published documents and get the word out.

GLOBAL HEALTH OUTREACH COMMITTEE

The 2017-2018 Global Health Committee has been busy working away on various projects. We have a truly diverse group of students from across Canada involved in many different topic areas. We are looking to recruit members for projects promoting ecological and environmental stewardship in health. If this is something you want to learn more about, have a passion for already, or just want to know more about this committee, please do not hesitate to reach out. This is my second term in this position and would encourage anyone to get involved. The group of people involved in this committee are passionate, reliable and innovative. They are all the people you always wished you were working on group projects with.

GOVERNANCE COMMITTEE

This committee is responsible for reviewing the governing documents of the association, and bringing suggested changes to the BOD and National Assembly.

INDIGENOUS HEALTH ADVOCACY COMMITTEE

Are you an Indigenous Nursing Student or a Nursing Student passionate about Indigenous health? Do you want to get involved and become a student advocate? Look no further as CNSA is an amazing way to get started! I, Victoria am the Chair for the Indigenous Health Advocacy Committee and the goals of this committee are to raise awareness and reduce health inequities the Indigenous populations (First Nations, Inuit, and Metis) of Canada face, through student advocacy and culturally safe practice in Health Care. As well we want to represent Indigenous Nursing student across Canada and provide them a voice. Our committee collaborates with Canadian Indigenous Nursing Association (CINA) and many other Indigenous Advocates.

CNSA COMMITTEES

INFROMATICS COMMITTEE

This committee is responsible for distributing information from the BOD to the CNSA members and public via Information Technology and Social Media. The committee also works on projects such as website development and a National Nursing Students' Week video.

NOMINATIONS AND ELECTIONS COMMITTEE

The Nominations and Elections Committee oversees the Association's Annual Elections and any by-elections that are required. The committee ensures that the current election policy of the association is adhered to.

TRANSLATION COMMITTEE

Are you bilingual, love to translate and are passionate about Francophone health issues. Then come and join the translation committee! CNSA is proud to be Canadian and that means adopting both official languages for all our affairs. We need a strong group of nursing students to translate things like, blog posts for the CNSA website, scholarship and awards applications, general CNSA affairs, and much more. Our team of students from across Canada collaborates to ensure the best translation possible for the CNSA. In addition, projects will be focused on Francophone health and nursing issues.

ELECTIONS 20 INFORMATION 18

ELECTIONS BEGIN JANUARY 23RD

Pick up your nomination form at the Elections Information Desk in the at the Elections Information Desk, in the foyer near the Registration Table, along with a description of the position(s) you're interested in.

A great way to learn about a Board of Director or Committee Chair position is by speaking to current or past students in that position. National Conference is an opportune time to network and get to know the Board.

Please remember to read through CNSA's Elections Policy before accepting your nomination and the campaign period begins. CNSA's Elections Policy can be found at [\(Insert hyperlink here\)](#).

A couple important things to note:

- Should a Candidate or Candidate Agent not be present to accept their nomination, they will be eliminated as a Candidate.
- All Campaign materials are to be approved by the Chair of the Nominations & Elections Committee (CNEC).
- Campaign period closes for Regional Director Candidates following their speeches.
- Campaign period closes for all other Board of Director and Committee Chair Candidates following their speeches.

All questions regarding elections should be directed to the CNEC Fayth Schroeder at services@cnsa.ca

NOMINATION PERIOD
JANUARY 23RD
AT 1800 TO
JANUARY 25TH AT
1700.

ACCEPTING OF NOMINATIONS
JANUARY 25TH
DURING NATIONAL ASSEMBLY.

CAMPAIGN PERIOD
JANUARY 25TH
AFTER
ACCEPTANCE OF NOMINATIONS TO
JANUARY 27TH
AFTER CAMPAIGN SPEECHES AND
QUESTION PERIOD.

REGIONAL DIRECTOR CAMPAIGN SPEECHES
JANUARY 27TH
DURING REGIONAL MEETINGS.

BOARD OF DIRECTOR AND COMMITTEE CHAIR SPEECHES
JANUARY 27TH
DURING NATIONAL ASSEMBLY.

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