



**Canadian Nursing Students' Association**  
**Association des étudiant(e)s infirmier(ère)s du Canada**

**CNSA Community and Public Health Committee**  
**2018-2019**  
**June 29 1500 MST/ 1700 EST**

Teleconference  
1-866-830-9434, Dial in: 4185614

Attending:

Allison Mosley-Chair  
Chloe Norris  
Daniela  
Reed  
Peggy Hillye  
Jayden Meville

Regrets:

Leanna  
Logan Tullet

Item	AGENDA
1	Call to Order 1504 MST
2	2.1 Introduction and Welcome- Allison Mosley 2.2 Roll Call
3	3.1 Mental Health Week: October 1st - 5th Fact sheets for marijuana and older adults - Logan on it for older adult MH, Kristine on it for marijuana Global health - month of self care calendar for October, health care package in PDF format, collaboration with student centres Marijuana - webinar presentation - maybe a FB live with Maria Alvarez who presents on schizophrenia - from SK so potentially Jayden, Leanna, or Tristan can meet with her and help her get set up because she is not good with technology Allison starting google docs to help out - ensure there's equal info about positive effects of using medical marijuana - are nurses ready for the legalization of marijuana? Advocating for proper medical products, market will be driven by consumer demand which may be for the high, but nurses worried about the medical marijuana not being for the high but for the pain control, so need to look at the difference between medical and recreational marijuana - myth buster on fact sheet

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	<p>Make a cute document - Jayden has Piktochart subscription, email her for login information</p> <p>Older adult MH - group of NS go to senior facilities and hangout with seniors (incentive? hashtags? a prize for schools who participate in all 5 activities?) - most important is social health for MH for seniors - get pictures - 31% of seniors at LTC's suffer from depression</p>
4	<p>Committee Goals and Project for coming year:</p> <p>4.1 Harm reduction/naloxone training</p> <ul style="list-style-type: none"> <li>- Small subcommittee for harm reduction curriculum/position statement for CASN - Allison can't do this alone, it takes a village!</li> <li>- Rural Ontario police don't carry them (naloxone kits) - why? Vic helping out with this.</li> </ul> <p>4.2 Position Statements</p> <ul style="list-style-type: none"> <li>- PrEP - Jessy Dame, alumni who wants to write position statement on accessibility and supporting its use - not covered in all provinces</li> <li>- MH - incorporating into all practice</li> <li>- Equitable health care for rural and remote communities</li> <li>- Potential position statement for MAID to CNA? - debriefing/disclosure to nurses for MH</li> </ul> <p>4.3 Blood Drive</p> <ul style="list-style-type: none"> <li>- happening at NA</li> </ul> <p>4.4 Prisoner Health Update</p> <ul style="list-style-type: none"> <li>- position statement from last year, CFMS also wrote a statement on this and wants to do press release together on these 2 statements</li> </ul> <p>4.5 Violence Video</p> <ul style="list-style-type: none"> <li>- campaign on students violence, reach out to CFNU to help us create a video "mean tweets" type thing but with lived experiences of students who have experienced any form of violence (lateral, horizontal, physical, verbal, etc), can be anonymous if students are uncomfortable or get another student to read it, get a statement sent out on CFNU app</li> <li>- "What we wish we knew"</li> </ul> <p>4.6 Other</p>
5	<p>CHNC summary</p> <ul style="list-style-type: none"> <li>- Partnered with CINA</li> <li>- Preconference was pretty much all about Indigenous health, would like to see more Indigenous health aspects in all community parts throughout the conference in the future</li> <li>- CHNC AGM - elected some new</li> <li>- New membership with students for CHNC</li> </ul>



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	<ul style="list-style-type: none"><li>- \$70/year, looking at doing 2-3year term instead of paying yearly, automatic renewal, prorating fees, and decreasing fees for student membership - what would student needs be?</li><li>- Conference in St. John, NB next year</li></ul>
6	Upcoming conference and sessions of interest October - Alberta harm reduction conference Allison to send out information on Indigenous children conference
7	Adjournment and next meeting Meeting to adjourn at 1546 MST

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