



**Canadian Nursing Students' Association**  
**Association des étudiant(e)s infirmier(ère)s du Canada**

Diversity Committee Meeting #2

June 23rd, 2018, 1400 PST

Teleconference:

1 866-830-9434 - code: 7796849

**Attendance:**

Lisa Blackwell - UBC

Katannya Jantzen - UBC

James Kendal-Ward - UBC

**Regrets:**

Agenda Topic	Notes
1. Meeting open	Starts: 14:09 PST
2. Housekeeping	<ol style="list-style-type: none"> <li>1) Introductions - names, pronouns, fun facts (TBD)</li> <li>2) Conference calls can be tricky - please say name, pronouns (if you feel comfortable), and school before speaking, and if you are trying to say something and can't get a word in, facebook message Amanda and she will get you in (FB name Aman Da)</li> <li>3) Please keep microphones on mute when not speaking</li> <li>4) If anything makes you feel uncomfortable, please feel free to bring it up - this is supposed to be a safe place to share thoughts and feelings. If you don't feel comfortable bringing it up, please PM Amanda!</li> </ol>
3. Updates/what's new	<ol style="list-style-type: none"> <li>a) BoD meeting in Ottawa this past May, Victoria, BC this August!</li> <li>b) Mental Health Week - Collaboration with other Committees</li> <li>c) Prairie-West Regional Meeting in Saskatchewan - anyone planning on attending?</li> <li>d) National Conference in Calgary - anyone planning on attending?</li> </ol>
4. Projects	<ol style="list-style-type: none"> <li>1) Diversity Survey - google doc*               <ol style="list-style-type: none"> <li>a) Project to show the diversity of nursing students</li> </ol> </li> <li>2) How is your school approaching diversity and inclusion? -&gt;</li> </ol>

move forward to next meeting

3) Diversity Mythbusters

a) Popular facebook ones:

- i) Addiction means that you are weak with no self control!
- ii) All 'obese' patients are unhealthy!
- iii) "You can't have a disability/mental health issue, you look fine"
- iv) "Really? You're dating someone with a disability/mental health disorder/is senior/etc? I didn't know they could date" - or something - James Kendal-Ward
- v) Just exercise and sleep earlier, and your depression/anxiety will disappear.

-> put to facebook page and see who wants to research what

4) Diversity Pocket "bluebook" -> post on facebook to see who wants to do what pages, and launch in september for new cohorts

- a) Use a "print at home" template
- b) How to phrase questions - "instead of this, say this!"
- c) LGBTQ2SIA+ definitions
- d) Religious considerations
- e) Indigenous traditional medicines/health considerations/land acknowledgement website/ diverse beliefs and values
- f) Cultural practice cheat sheet (eg Not all muslim folks don't eat pork)
- g) FLACC/FACES scale
- h) ASL alphabet + 1-10 + pain?
- i) words in other languages (hello, pee, poo, medicine, food, hungry, pain, rest, water, tired, where?, a little?, a lot?,
- j) Picture of a toilet, food, medicine, etc for folks who don't speak English

5) Diversity Conference! Ideally: Dec 1st - 9am-5pm PST + teleconference.

- a) Would you like to be added to the planning committee? Send in email!
- b) Facebook event page
- c) Fundraising letter
- d) "Have you ever read your nursing textbook and wondered how you would approach populations of

	<p>patients outside of the social normal range? This conference is meant to give nursing students the opportunity to learn about diverse populations of patients that we could come across in the clinical setting. There is strength in diversity.”</p> <p>e) Proposed topics: healthism, nonviolent crisis intervention training, trans 101, two spirit 101, mental health 101, decolonizing care, ability justice, prisoner health, harm reduction (with CNSA statements), deaf and hard of hearing patients, perspectives on homelessness from a homeless person, advocacy for drug users - local nurses</p> <p>6) Self Care Flashcards/Sheet?</p> <p>a) Jess Baker's:  <a href="http://www.themilitantbaker.com/2013/12/a-diagram-to-help-next-time-you-have.html">http://www.themilitantbaker.com/2013/12/a-diagram-to-help-next-time-you-have.html</a></p> <p>7) Mental Health Collaboration Week</p> <p>a) Thursday October 4th</p> <p>b) \$50.00 from CNSA for supplies yeah,</p> <p>c) LGBTQ2SIA Mental Health</p>
5. Open discussion	<p>1. Cheat sheets for how to respond:  <a href="https://transgenderlawcenter.org/archives/3589">https://transgenderlawcenter.org/archives/3589</a></p> <p>2. fridge magnet with resources for a mental health crisis (interaction scripts, warning signs, actionable, numbers, link for support)</p>
5. Going forward	<p>Survey - December</p> <p>Mythbuster posters - August/September</p> <p>Diversity Pocket Book - September</p> <p>Selfcare Flashsheet - September</p> <p>Mental Health Week - September</p> <p>Diversity Conference - December</p>
6. Meeting close	Closed: 15:16 PST