

# **Diversity Committee 2018-2019**

Meeting #1 - April 23rd, 2018

Teleconference:

1 866-830-9434 - code: 7796849

## **I. Attendance:**

<i>Name</i>	<i>School</i>	<i>CNSA Title</i>
Amanda Goulding	University of British Columbia	Diversity Committee Chair
Brigitte Moran	UBC	Chapter member
Hana Mildenberger	UBC	Chapter member
Caitlin Leahy	UBC	Chapter member
Dan Korotchenko	UBC	Chapter member

## **II. Agenda:**

### 1) Introduction

- a. Who am I? - Amanda Goulding, she/her pronouns, queer identified white settler in the UBC accelerated program in Vancouver. Diversity Chair since March 2018.

### 2) Housekeeping

- a. Please say name, pronouns (if you feel comfortable), and school before speaking for the first time, name thereafter
- b. Please keep microphones on mute when not speaking
- c. Please feel safe and supported in this committee - you are safe, you are loved, you are supported

### 3) Ideas for upcoming year:

- What do *you* want to see this year?

- What has already been done in the past to show the diversity of nurses?  
Nursing students?
- Professors education - around lgbtq+ populations, mental health, indigenous populations - when educators teach about diversity they may not have very much experience with? Or assume people in the room don't have that lived experience?
- Diversity among students - would be cool to have a project around representation of nursing students or nurses - what are the faces of nursing, not everyone is the stereotypical nurse
- Religious/spiritual diversity!
- Diversity 'SPECO' - a kind of module of the diversity of nursing students and get students or faculty to take it? Applicants of nursing school vs who is accepted
- Maybe send out a survey to show the diversity of nursing students?
- Would be cool to see how other schools are tackling/approaching diversity in their classes/programs
- Fatphobia and healthism? - misconceptions that we propagate in a position of "health authority"
- DIVERSITY MYTHBUSTERS (fatphobia, mental health, ablism)
  - Personal stories or scientific articles
  - Posters! To distribute to ODs
- Diversity "blue book" to fit in your scrubs pocket
  - how to phrase questions/what questions to ask (how to frame things around diversity)
  - lgbtq2isa definitions
  - religion considerations for nurses
  - indigenous health considerations
  - cultural practice "cheat sheet" (eg muslim folks don't eat pork)
  - "Instead of saying this, say this!"
  - FACES scale for folks that don't speak english
  - ASL alphabet
  - "pain" in other languages, hi in other languages etc,
  - picture of a toilet for folks who don't speak english
- Self care flash sheet - jess baker's selfcare flowchart "did you drink water today? When was the last time you ate food?" reminder for nurses - not necessarily diversity related but important!
- Mental health awareness collaborative week
  - All Committees coming together to do a collaborative week in September!
  - One of the days will be on LGBTQ2ISA+ mental health

- Fact sheet? Posters? Social media? Statistics? Resources?
- Diversity conference!
  - When? Aim for fall 2018
  - Where - Host here at UBC?
  - Open to everyone, invitations out this summer?
  - Hope for a free conference! If we can get funding to pay the speakers maybe? Fundraising? UBC SoN union
  - Telecast it so the information can be shared if the speakers are okay with this?
  - National conference, include speakers on healthisms (kalamity), non-violent crisis intervention (vicky reynolds), active listening 101, mental health first aid (find contact)? Trans health?
  - Possibility to collaborate with med students? (but not for free for them)

#### 4) Discussion

Moving forward:

<b>Task</b>	<b>Details</b>	<b>Date/deadline</b>
Survey	Diversity in nursing	By August
Mythbusters	Health myth buster posters to be distributed to ODs	By August/September
Mental Health Week	Stats and posters	By September
Diversity Conference	Start planning!	Hoping to run in Fall 2018
<b><i>Next Diversity Committee Meeting</i></b>		<b><i>Aim for end of June - doodle poll tbd</i></b>