



**Canadian Nursing Students' Association**  
**Association des étudiant(e)s infirmier(ère)s du Canada**

**CNSA Community and Public Health Committee**  
**2018-2019**  
**August 8 1400 MST/ 1600 EST**

Teleconference  
1-866-830-9434, Dial in: 4185614

Attending:

Allison Mosley-Chair  
Christine Balderama  
Courtney Blake  
Jeny Mahendrakumar  
Jessica Sadlemyer  
Amanda Goulding  
Logan Tullet  
Natasha

Regrets:

Jayden Meville  
Tracey Beharrell

Item	AGENDA
1	Call to Order at 1602 EST
2	2.1 Introduction and Welcome- Allison Mosley 2.2 Roll Call
3	3.1 Mental Health Week: October 1st - 5th <ul style="list-style-type: none"><li>● Fact sheets<ul style="list-style-type: none"><li>○ Older Mental Health % Logan</li><li>○ Medical Marijuana % Christine</li></ul></li><li>● Self care calendar</li><li>● Workshop</li><li>● Board of Directors Meeting<ul style="list-style-type: none"><li>○ self care strategies (if anyone is interested, send your self care strategies to Allison)</li></ul></li><li>● Senior Mental Health<ul style="list-style-type: none"><li>○ quotes from students concerning senior long term care and older mental health.</li><li>○ If anyone is interested to share for the fact sheet.</li></ul></li><li>● Any suggestions for activities that nursing students can do at their local senior long term care facility</li></ul>

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	<ul style="list-style-type: none"> <li>○ Puzzle night or games night??</li> <li>● Student Engagement with seniors           <ul style="list-style-type: none"> <li>○ how to help the students for Nat'l Conference -- some sort of prize.</li> <li>○ Submit a letter or an essay about their experience involving mental health.</li> <li>○ Use social media</li> </ul> </li> </ul>
4	<p>Committee Goals and Project:</p> <p>4.1 Harm reduction/naloxone training .</p> <ul style="list-style-type: none"> <li>● Literature review</li> <li>● Allison sent an email to anyone who might be interested with this project</li> <li>● Naloxone training           <ul style="list-style-type: none"> <li>○ Possible naloxone training at NC or RC</li> <li>○ Allison will email/contact Wesley (National) and Tristan (Regional) concerning this</li> </ul> </li> </ul> <p>4.2 Blood Drive</p> <ul style="list-style-type: none"> <li>● Might need volunteers at Blood Drive           <ul style="list-style-type: none"> <li>○ Wesley is organizing a blood drive at NC</li> </ul> </li> </ul> <p>4.3 Prisoner Health Update</p> <p>4.4 Violence Video for NNSW</p> <ul style="list-style-type: none"> <li>● Lateral violence in the healthcare field involving nursing students</li> <li>● Violence in the workplace</li> <li>● Video           <ul style="list-style-type: none"> <li>○ Students reading it out aloud or board members reading quotes from students who experienced violence in the workplace</li> <li>○ Partner with CFNU</li> <li>○ Email ODs or ADs</li> <li>○ Social media?</li> <li>○ Call out to nursing students and limit to 1 minute or under for the video</li> <li>○ Call out write up % Jessica</li> </ul> </li> <li>● CNSU has an app that everyone should check out</li> </ul> <p>4.5 Other</p> <ul style="list-style-type: none"> <li>● Collaboration with global health</li> </ul>
5	<p><b>Position Statements -- email Allison if you'd like to work on any of these position statements</b></p> <p>Which would we like to work on?</p> <p>5.1 PrEP access % Courtney</p> <ul style="list-style-type: none"> <li>● HIV rates in SK</li> <li>● start with a rationale as to why we're working with this</li> <li>● Allison: e-mail Jesse cc Courtney</li> </ul>

	<p>5.2 Mental Health in all Practice % Jessica and Courtney</p> <ul style="list-style-type: none"> <li>• Jessica, Courtney</li> </ul> <p>5.3 Equitable health care for rural and remote communities</p> <p>5.4 MAID</p> <ul style="list-style-type: none"> <li>• Send the position statement to CNA</li> <li>• a letter campaign regarding debriefing           <ul style="list-style-type: none"> <li>○ making the nurse's role clear</li> <li>○ can be sent any time of the year</li> <li>○ Possibly at Nationals Conference</li> </ul> </li> <li>• How to prepare students if ever they encounter MAID</li> </ul>
6	<p><b>Upcoming conference and sessions of interest</b></p> <p>6.1 CNSA Regional Conferences</p> <ul style="list-style-type: none"> <li>• Prairie Western Region: Regina SK October 26-28 2018 Theme: Focus on Rural and Indigenous Communities</li> <li>• Atlantic Regional Conference: St. Johns NL November 9-11, 2018 Theme: Nursing Outside of the Acute Care Setting</li> </ul> <p>6.2 Recovery Capital Conference of Canada</p> <ul style="list-style-type: none"> <li>• Western Canada: New Westminster September 6-7, 2018  <a href="http://recoverycapitalconference.com/recovery-capital-conference-of-canada-registration/">http://recoverycapitalconference.com/recovery-capital-conference-of-canada-registration/</a></li> <li>• -Toronto: September 13-24, 2018  <a href="http://recoverycapitalconference.com/toronto-recovery-capital-conference/">http://recoverycapitalconference.com/toronto-recovery-capital-conference/</a></li> </ul> <p>6.3 Saskatchewan Regional Mental Wellness &amp; Addictions Knowledge Exchange 2018</p> <ul style="list-style-type: none"> <li>• Saskatoon, September 20, 2018</li> </ul> <p>6.4 Stimulus 2018 (Harm Reduction Conference of Alberta)</p> <ul style="list-style-type: none"> <li>• Edmonton AB October 3-5, 2018</li> </ul> <p>6.4 Mental Health For All</p> <ul style="list-style-type: none"> <li>• Montreal October 22-24, 2018</li> </ul> <p>6.5 Women's Health Conference,</p> <ul style="list-style-type: none"> <li>• Toronto September 8, 2018</li> </ul>
7	<p>Adjournment and next meeting</p> <ul style="list-style-type: none"> <li>• Next Meeting will be on September</li> <li>• Meeting adjourned at 1658 EST</li> </ul>



